



Have you ever wanted to sit face to face with psoriasis experts outside of a hospital setting to learn more about your condition? If yes, the Irish Skin Foundation is delighted to offer you this opportunity. In partnership with Novartis, we have experts from a variety of fields in the area of psoriasis and lifestyle to answer **YOUR** questions.

EXPERTS INCLUDE	<ul> <li>Consultant Dermatologist – will give an overview of 'Understanding psoriasis and treatment options'</li> </ul>	Each speaker will give a 5 minute introduction to their topic. Following this, attendees will be divided into small groups (no more than 12) for a round discussion table. Our experts will move from table to table in rotation for a 20 minute Q&A session. This should allow for easy conversation and give you the chance to ask them questions about psoriasis, or just to listen, as your prefer.
	<ul> <li>Billy Dixon – International speaker, author and specialist in personal projection/branding on 'Dressing to look and feel your best'</li> </ul>	
	• Pat Divilly – Irish fitness expert, author and entrepreneur will provide 'Practical advice to improve your fitness'	
	<ul> <li>Dermatology Nurse Specialist – on 'Optimising your skin health'</li> </ul>	

PLEASE NOTE this meeting is for adults with psoriasis and parents of children with psoriasis (it is not suitable for children)

**REGISTER TODAY via our website on www.irishskin.ie/events-calendar/** to avail of this invaluable opportunity. It is only €5 to register, but please note that we have a **maximum of 50 places at each meeting**. So register today and do not miss out. Light refreshments will be available on arrival.

For more information about psoriasis or support contact the Irish Skin Foundation Helpline at **(01) 486-6280 and info@irishskin.ie** 



www.irishskin.ie

