



Have you ever wanted to sit face to face with psoriasis experts outside of a hospital setting to learn more about your condition? If yes, the Irish Skin Foundation is delighted to offer you this opportunity. In partnership with Novartis, we have experts from a variety of fields in the area of psoriasis and lifestyle to answer **YOUR** questions.

EXPERTS INCLUDE	 Consultant Dermatologist – will give an overview of 'Understanding psoriasis and treatment options' 	Each speaker will give a 5 minute introduction to their topic. Following this, attendees will be divided into small groups (no more than 12) for a round discussion table. Our experts will move from table to table in rotation for a 20 minute Q&A session. This should allow for easy conversation and give you the chance to ask them questions about psoriasis, or just to listen, as your prefer.
	 Billy Dixon – International speaker, author and specialist in personal projection/branding on 'Dressing to look and feel your best' 	
	• Pat Divilly – Irish fitness expert, author and entrepreneur will provide 'Practical advice to improve your fitness'	
	 Dermatology Nurse Specialist – on 'Optimising your skin health' 	

PLEASE NOTE this meeting is for adults with psoriasis and parents of children with psoriasis (it is not suitable for children)

REGISTER TODAY via our website on www.irishskin.ie/events-calendar/ to avail of this invaluable opportunity. It is only €5 to register, but please note that we have a **maximum of 50 places at each meeting**. So register today and do not miss out. Light refreshments will be available on arrival.

For more information about psoriasis or support contact the Irish Skin Foundation Helpline at **(01) 486-6280 and info@irishskin.ie**



www.irishskin.ie

