

Annual Report 2018

### **11** Paschal Murphy

Excellent nurse who took my call regarding rosacea. Very impressed with her communication skills and knowledge.

I had been to several GPs without resolution. The treatment that Una suggested I ask my GP to prescribe worked a treat. She is a miracle worker! Thank you. \_\_\_\_

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# A message from the CEO

In Ireland, approximately 54% of the population is affected by skin disease every year, and at any one time, up to 33% of those have a condition that would benefit from medical care.

2018 saw the Irish Skin Foundation (ISF) continue to advance our work in supporting and advocating for people living with skin conditions. Besides our Helpline, and educational work we were pleased to join other organisations tackling skin cancer in the first steps towards a National Skin Cancer Prevention campaign as part of the National Cancer Strategy 2017-2026.

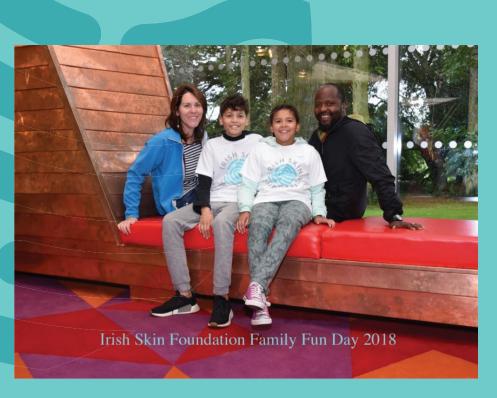
During the year, our third Dermatology Study Day for nurses, pharmacists and allied health care professionals was held in Galway, we also hosted Eczema Expert in September along with our annual Barretstown Family Fun Day and the first panel discussion and live webinar exploring hidradenitis suppurativa (HS). I would like to express my thanks to our Board of charity trustees, the dedicated office team, volunteers and supporters for their continued commitment, willingness to give up free time and their hard work in supporting the organisation and the people it exists to help. We are very grateful for the continued support of the City of Dublin Skin and Cancer Hospital Charity (CDSCHC).

I would also like to sincerely thank our Foundation Partners and Corporate Sponsors who support our mission by helping us to continue our Helpline. Their backing allows us to deliver our unique nationally-available free information and guidance service - and to work on other aspects of our mission.





The ISF's new identity was introduced during the summer of 2018 as part of the evolution of our work supporting people with skin conditions and raising the profile of skin disorders in Ireland.



## Carol Fynn and her daughter Isabel

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I was grateful that I got a listening ear at a time when I was quite desperate. I was delighted to speak to a nurse and to be put in touch with a mother like myself to discuss Isabel's eczema. It was productive and helpful. Isabel was delighted to be invited to the Family Fun Day at Barretstown where she learnt that she is not alone out there with her eczema.

### **Niall Hayes**

The Irish Skin Foundation Helpline was a call I thought I would never have to make until the summer of 2018 when I realised that my psoriasis was a problem for me in more ways than one. The lady on the end of the line was courteous, understanding and extremely helpful. She listened to my issue and helped me to get to a point where I could wear shorts on my holidays without having major concerns about the psoriasis on my legs. The advice got me to a place where I was confident to bear my skin in public again. Thank you very much for the help and advice provided. This is a truly worthwhile service.

# **About the Irish Skin Foundation**

The Irish Skin Foundation (ISF) is a national charity dedicated to improving the quality of life of people living with or caring for, skin conditions and disorders.

We operate a free helpline providing direct, accessible and specialist guidance about skin conditions and disorders. Throughout the year we run events, including public information, health promotion and education meetings. The ISF is also involved in advocacy and policy work, helping people affected by skin disease navigate services, influencing public policy and raising awareness of different conditions throughout the year.

#### Skin conditions and disorders

There are many forms of skin disease, which include inflammatory conditions, such as eczema and psoriasis; skin cancers, including melanoma, basal and squamous cell carcinomas; autoimmune conditions, such as lupus and vitiligo; and hereditary diseases. The impact of skin diseases on quality of life can be farreaching and profound.

Many skin conditions are chronic in nature, with treatment focusing on reducing and controlling symptoms. Rashes, flare-ups and lesions are often very visible to others. Consequently, someone living with a skin condition may not only have to cope with how it affects them personally, but potentially also with the reaction of those around them

#### **Our Origins**

The ISF was established by the CDSCHC, following the closure of the voluntary dermatology-focused hospital on Hume Street, which had provided care and treatment to people with skin disease for almost a century from 1911-2006.

We are unique among skin-condition patient organisations in Europe in that by merging the Psoriasis Association of Ireland, the Irish Eczema Society and the Melanoma and Skin Cancer Society, each of which is represented on our Board, the organisation now represents and supports people with many forms of skin disease in Ireland.

#### **Our Vision for the Future**

Our vision is for equitable and timely access for the people of Ireland to appropriate information, expertise and treatment, so that everyone with a skin disease may lead a full life, free from stigma and discomfort.

# The year in numbers

**492** 

New Facebook followers



134,937

Pages viewed on our website



104

New Twitter followers



- 1. Psoriasis
- 2. Eczema
- 3. Homepage
- 4. Allergic reaction to sunscreen article
- 5. Rosacea



76,429

New visitors to our website



People were assisted by the ISF Helpline



There are over 73,000 people in Ireland with psoriasis of which upwards of 9,000 have severe psoriasis.

Latest figures from the National Cancer Registry showed that in 2016 there were 10,089 cases of non-melanoma skin cancer and 1092 cases of melanoma.

# Skin disorders in Ireland

Skin disease is very common. Internationally, it affects between 30%-70% of people, but the main contributors to the burden caused by skin disease differs between geographical locations.

In Ireland, approximately 54% of the population is affected by skin disease every year, and at any one time, up to 33% of those have a condition that would benefit from medical care. Approximately 15% of consultations with GPs relate to dermatology a concern, which represents 3 -4 million GP consultations each year and generates a significant number of referrals for consultant dermatologist advice.<sup>1</sup>

There are more than 1,000 skin or skin-related illnesses listed in the International Classification of Disease 10 classification of human disease, however a small number of conditions account for most of the disease burden (Hay et al, 2014). Many can be managed at primary care level; secondary level dermatology is usually an outpatient specialty dealing with more severe or complex forms of skin disease.

Most skin consultations with GPs concern a small group of the most common skin conditions, for example psoriasis, atopic eczema, skin lesions (including melanoma and non-melanoma skin cancers), and acne vulgaris, to name a few.

Psoriasis is one of the most common skin diseases in

Ireland and affects more than 73,000 people; upward of 9,000 of whom have a severe form of the disease and may benefit from secondary care by international standards.

Many of the more common skin disorders are increasing in frequency, e.g. atopic eczema, which affects approximately 1 in 5 children and as many as 1 in 10 adults and is associated with a significant morbidity and burden.

Ireland has one of the highest incidences of skin cancer in the world. National Cancer Registry figures illustrate the dramatic rise in incidence over the last few decades; there were 10,089 new cases of NMSC and 1,092 new cases of melanoma diagnosed in 2016, up from 5,151 and 386 cases respectively, in 1994. If current trends continue, it is predicted that between 2015-2045, the number of cases of NMSC per year will increase to 16,623 (+177%) for males and 13,503 (+189%) for females, while the number of people diagnosed with melanoma during the same timeframe will increase to 1,678 (+207%) for males and 1,400 (+140%) for females (Skin Cancer Prevention Plan 2019-2022).

At secondary level, dermatology has the third longest waiting list with 44,271 patients waiting to be seen, and 7,213 patients experiencing a waiting time for routine assessment greater than 18 months (National Treatment Purchase Fund data, 20/12/18).

Skin diseases cause a number of deaths each year in Ireland. There were 159 deaths from melanoma and 70 deaths due to NMSC per year, between 2011 and 2014.

Quality of life is significantly impaired by skin diseases, often to an extent that is as great as some life-threatening conditions such as cancer. Many people report stigmatisation, a fear of contagion and a failure of others to appreciate the serious health, financial, social and personal impacts of their disease.

Everyone with a skin disease deserves to live a full life, free from stigma and discomfort, yet access to the appropriate information, expertise and treatment is not widely available.



<sup>1. &#</sup>x27;A picture of general practice research in Ireland 2012-2013, through research and audit activity' by the ICGP (Trevor contributed to the dermatology section) which might be useful to use as a reference: Approximately 15% of consultations with GPs relate to dermatology concerns. The figure quoted in the report above references UK data from a BAD paper published in 1996: Basarab, T. Munn SE, Russell Jones R. Diagnostic accuracy and appropriateness of general practitioner referrals to a dermatology out-patient clinic. British Journal of Dermatology 1996; 135:70-73.



## Catherine Geelan and her daughter Clodagh

I rang the ISF for advice about my daughter Clodagh who is 9 years old. I spoke about my fears of Clodagh been bullied because of her 'Black Eyebrow'. Clodagh was born with a large birthmark on her left eyebrow, some kids had recently made rude comments, it broke my heart to see my little girl so upset.

I will always be grateful to the ISF team, without them I would not have gotten the advice and support to help us to make the decision to have surgery. The ISF Helpline is a lifeline to parents and children with advice and support about so many skin problems.



### **Kathy Irwin**

Two years ago, I went through a really stressful time, with the result that I started to develop abscesses under my arms which were extremely painful. My doctor prescribed antibiotics for HS, which helped, but on quite a few occasions I had to have them lanced as the antibiotics didn't work, which wasn't nice at all. I had to visit the nurse every three days to have them dressed and packed, not a very pleasant procedure. This went on for over six months.

I picked up a leaflet in my doctor's and contacted the ISF Helpline. I was so glad I did. I spoke to a wonderful Nurse called Una; she was just the "bee's knees"! I got all the answers I wanted and more. She took the fear out of what I thought was a lifelong condition. It was a very positive call.

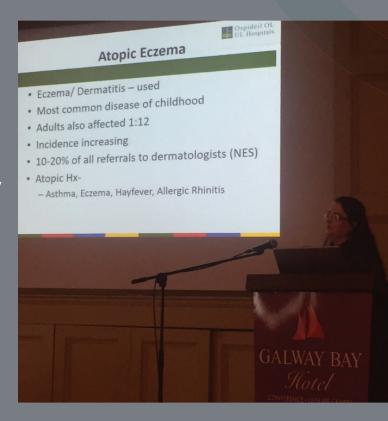
Now my lifestyle has improved I no longer suffer from these abscesses, but at the time, Una's advice and reassurance put me completely at ease and I was very grateful for the time she took to listen to my concerns.

## A year of activities

### The ISF brings the Dermatology Study Day to Galway!

On Saturday March 10 we hosted our third annual Dermatology study day at the Galway Bay Hotel, Salthill. The programme was aimed at health care professionals with an interest in dermatology and was very well received by delegates who travelled from Connaught, Munster and Leinster. The attending delegates came from all branches of nursing, pharmacy and general practice.

Dr Trevor Markham, Consultant Dermatologist, University Hospital Galway, co-chaired and gave an excellent presentation at the meeting. Other speakers included: Dr Kashif Ahmad, Consultant Dermatologist, University Hospital Limerick, Ms Deirdre Conlon, Advanced Nurse Practitioner in Plastic surgery, University Hospital Galway, Dr Lisa Roche and Dr Eilis Nic Dhonncha, Specialist Registrars in Dermatology, University Hospital Galway, Dr Qamar Razali, Registrar, University Hospital Galway, and Ms Sheila Ryan, Advanced Nurse Practitioner Dermatology, University Hospital Limerick.



### **Ask How I Feel Campaign Launch**

On the 3 May the #AskHowlFeel Psoriasis Awareness public information evening was held in Dublin. The campaign was created by Novartis and supported by the ISF. The objective of this information evening was to offer people who live with psoriasis and their families, some practical steps they can take to ensure that they are supported emotionally on their own psoriasis journey.

Dr Marina O'Kane Consultant Dermatologist and Chair of the ISF opened the evening and introduced the panel of expert speakers, which included: patient advocate Ms Caroline Irwin, Consultant Dermatologist Dr Nikke Ralph, GP Dr Clodagh Loftus, and Clinical Psychologist Dr Eddie Murphy. Journalist Mr Shane Coleman, moderated the event. The intention is to have resources available for the public towards the end of 2019.

Government-led approach to skin cancer prevention

Healthy Ireland (HI) is the national framework for action to improve the health and well-being of people living

in Ireland. HI, along with colleagues in the National Cancer Control Programme (NCCP) are developing a national skin cancer prevention plan, which is an action arising from the National Cancer Strategy 2017-2026, published in July 2017.

A steering committee was established earlier this year, and we were delighted to be among those invited to participate. The HI approach is well-aligned with the ISF's advocacy position on skin cancer, which is to tackle the increasing prevalence of skin cancer with a long-term strategy aimed at changing public attitudes about prevention and early detection.

The ISF has argued that this multi-annual, long-term work is best coordinated by a well-resourced and independent state agency, such as Healthy Ireland, that can be driven in schools, work places, and local authorities. The ISF very much welcomes HI's emphasis on the importance of skin cancer prevention and expectations are high that the prevention plan will be implemented as a priority.



### **ISF Family Fun Day 2018**

Each September we bring 30 children and their families, who are having a challenging time with a skin condition to Barretstown for a day full of exciting family fun and adventure.

We work with paediatric dermatology nurses right across Ireland to ensure that the children who have had the most challenging time have an opportunity to attend. At Barretstown they meet other children in a similar situation, make new friends and benefit from a sense of support and caring in a therapeutic environment. Parents can share experiences and learn from each other.

On September 8th, families travelled from all over the country to enjoy archery, canoeing, fishing, crazy golf, horse riding and rock wall climbing. In the words of one mother:

"Best day ever! Thank you so much, it was great to see my child smile again after a whole summer of hospital appointments 3-4 times a week".

The ISF is very grateful to GSK/Stiefel for their continued support of our Family Fun Day.



### The ISF at Europe's Largest Outdoor Event, The National Ploughing Championships

The 87th National ploughing championships were hosted for a third consecutive year at the same location, Screggan, Tullamore, Co Offaly from the 18th to the 21st of September. For the first time in its 87 year history, day 2 of the championships had to be closed to the public as storm Ali brought gusts of almost 100km/h to the site.

However, on the days that were open, a team of dermatology ANP's, nurses, Dermatologists and other team members had the great pleasure of meeting hundreds of people seeking information about many skin disorders including psoriasis, eczema, acne and rosacea, as well as general skin health and ultraviolet (UV) protection. It provided a great opportunity to speak with many from the farming community who work predominately outdoors, about the importance of protecting their skin in the sun and the risks of overexposure to UV. Storm Ali didn't dampen the spirits of exhibitors or attendees!



### **Eczema Expert**

To mark national eczema week this year, 15-23rd September, we held our third annual public meeting in Dublin on the 29th of September for those with or caring for someone with eczema, supported by La Roche Posay.

Attendees travelled from all parts of the country. The meeting provided an opportunity for the attendees to meet each other and hear from experts about living well with eczema. Talks included practical everyday tips, the role of the skin microbiome in eczema, managing eczema-related sleep disturbances and an inspirational story from a parent of a child with eczema.

Guest speakers included: Mr. Paul Herriott, Broadcaster/presenter with RTE Lyric FM, Professor Anne Marie Tobin Consultant Dermatologist, Tallaght University Hospital, Ms Sheila Ryan Advanced Nurse Practitioner, Limerick University Hospital, Mr Glen Kenneally, parent advocate, Ms Niamh O Reilly, Sleep Specialist.

### Eczema Survey: Too little is known about the impact of Eczema in Ireland

Atopic eczema affects approximately 1 in 5 children and 1 in 10 adults. These international estimates only offer us a low definition picture of the impact and burden experienced by those living (or caring for someone) with, this common skin disorder.

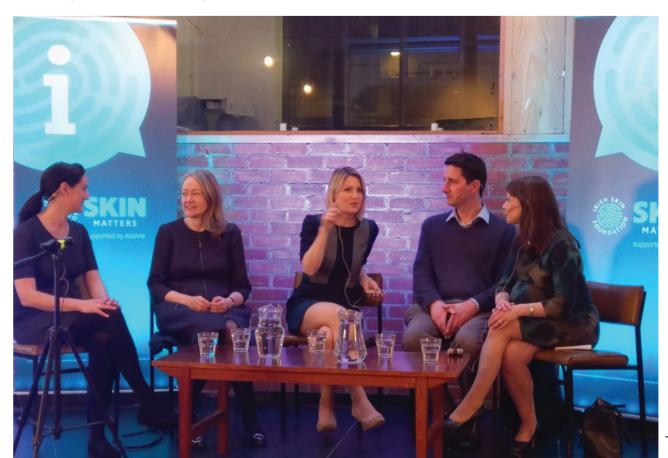


To find out more, the ISF launched a special online survey, "Living with Atopic Eczema & Eczema in Ireland", to help us understand more about the real impact of eczema.

#### **Skin Matters**

We held a first-of-its-kind "Skin Matters" event on the evening of November 1st, supported by AbbVie. The event consisted of a panel discussion about hidradenitis suppurativa (HS) featuring two HS advocates, Mr Barry McGrath and Ms Suzanne Moloney, along with two of our Board members, Consultant Dermatologist Professor Anne-Marie Tobin and GP Dr Catherine Wilkinson. Ms Claire Brock, a journalist with VirginOne moderated the event. Those affected with HS or their supporters could attend in-person or log in via a webinar portal to listen to the panel discussion. Facilitating an online event, as well as an in-person event was an ideal way to reach as many people as possible around the country and to provide an engaging platform for people living with HS to learn more about their condition.

Suzanne Moloney, Anne-Marie Tobin, Claire Brock, Barry McGrath and Catherine Wilkinson at Skin Matters HS Webinar, November 2018.



## **ISF Helpline**

About one third of the Irish population experiences a skin condition each year, yet access to the appropriate information, expertise and treatment is becoming increasingly inaccessible as waiting lists for appointments in secondary care continue to increase.

The ISF Helpline provides free, direct, accessible and specialist guidance about skin conditions, delivered by dermatology clinical nurse specialists, on a person-toperson call and at an agreed appointment time.

In 2018 the Helpline provided assistance by telephone and also one to one with a nurse at the National Ploughing Championships. We assisted people with a wide range of enquiries about skin diseases of all kinds including psoriasis, atopic eczema, HS and acne, also in respect of dermatology services, health entitlements, and advocacy issues. Peer support was also provided to parents of young children with eczema and to psoriasis patients struggling with the psychological aspects of their condition.

Typically, our nurses spend 25 minutes with an individual caller, once an appointment is made, and then follows up by e-mail or with additional calls where necessary.

In 2018, 26% of enquiries related to psoriasis, 21% to eczema; while the variety of skin conditions about which we receive enquiries increased considerably, with a corresponding decrease in enquiries from those without

a formal diagnosis. A known diagnosis at the outset of a Helpline call allows for condition specific guidance from a Helpline Nurse. More generalised guidance is provided to those without a confirmed diagnosis.

Over one quarter of enquiries to the ISF Helpline are from people who came across our service via an on-line search while attempting to self-diagnose – usually in preference to a GP consultation. Others reach out to the ISF Helpline in frustration with the lack of progress in treating or managing a skin disorder in primary care – often after extended periods of suffering and quality of life impairment.

The ISF Helpline is supported by AbbVie, LEO Pharma, Novartis, Pfizer, Sanofi, Celgene and UCB in 2018.



## **National Registry for Skin Diseases**

The Irish Skin Foundation Registry continues to be developed by the ISF Research Fellow Dmitri Wall, under the guidance of Prof. Alan Irvine, Chairman of the ISF Advisory Board, and with the assistance of Godfrey Fletcher, Business Manager.

A charitable grant from the CDSCHC, via the ISF, has covered the development of a software platform that can support an Atopic Dermatitis Registry & Clinical Portal; an Epidermolysis Bullosa Registry and clinical portal; and a Phototherapy Registry.

The platform design incorporated input from both international and domestic clinicians, patients and experts across a broad range of disciplines, including dermatology, health informatics, data protection, registry design, statistics, policy development, the pharmaceutical industry, research and patient advocacy.

The goal was to develop a "best of breed" platform with the potential to become a building block for international skin registries that would drive international and domestic clinical and pharma research programmes as well as guiding the delivery of best practice care in real-time and reduce data duplication and the burden of data entry on healthcare professionals. This will result in the delivery of more personalised, patient-centric and patient-involving care.

The Design and Build Phase of the Atopic Dermatitis Registry is completed and the Epidermolysis Bullosa (EB) Registry draws to completion. The work in developing the registries has already resulted in harmonisation of practice and datasets in addition to the establishment of extremely valuable networks, both nationally and internationally.

To date, this has resulted in 6 publications, including European Registry guidelines and recent publications relating to the Atopic Dermatitis project in the journals Trials, The British Journal of Dermatology and the Journal of Investigative Dermatology.



# Thank you to fundraisers

The ISF is very grateful for the support of donors and fundraisers who support our work.

In particular, we would like to thank Darcy Byrne for her fundraiser "Skin & Kiss" event, Gavin Byrne of Rational FT Services for his workplace fundraiser, Bernie Rice and the Parent's Association at Scoil Uí Riada, Kilcock, Co. Kildare and also her husband Peter Rice for his generous donation.



### Foundation **Partners**

We would like to acknowledge with thanks the generosity of our four Foundation Partners, who sponsor the ISF Helpline and our continuous work throughout the year to support people with skin conditions.









Inspired by patients.

Driven by science.







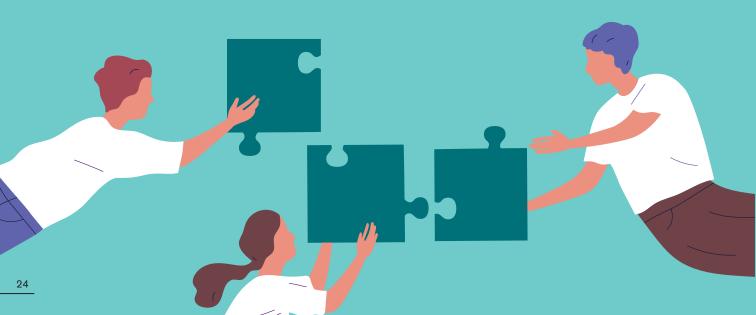
# Corporate Sponsors and Supporters

We would like to thank GSK/Stiefel for their continuing sponsorship of our Family Fun Day for Children with skin conditions in 2018.

We were pleased to partner with La Roche Posay to raise awareness of the challenges of eczema during Eczema Awareness Week, and on our meeting entitled Eczema Expert: Advice for Life held at the Red Cow Moran Hotel on Saturday 29th September.







The Irish Skin Foundation would also like to acknowledge the support of the following companies in 2018:













































### Governance

The Irish Skin Foundation is committed to maintaining the highest standards of corporate governance. To provide transparency and ensure we reach the standards expected we have signed up to the organisation 'Type B' strand of The Governance Code for Community and Voluntary Organisations in Ireland and are on the 'Adoption Journey' to compliance with the code.<sup>2</sup>

Company Status: Company Limited by Guarantee without Share Capital;

Incorporated 2011

Company Number: 493784

**Charity Regulatory Number:** 20078706

Revenue (Charities Unit) (CHY): 19949

Company Auditors: PricewaterhouseCoopers

Governance Code: Full compliance as a Type B organisation

Data Protection Policy: Complete

FRS 102: Adopted in 2015

### **Finances**

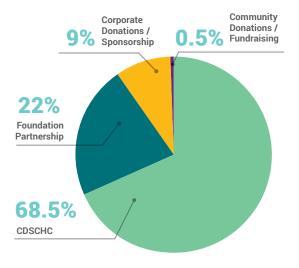
The ISF is grateful for the continued support of the CDSCHC for our core funding. We are also very appreciative of the continued support provided by our Foundation Partners and other corporate sponsors. The ISF continues to operate without state funding or significant donations from the public.

While the core funding greatly assists the organisation in pursuing our goals and objectives, the ISF has been very successful in fundraising to either partly-fund, or entirely cover the costs of the ISF Helpline, events and health promotion programmes. In 2018 the Irish Skin Foundation had an income of €535,564 and expenditure of €530,397.

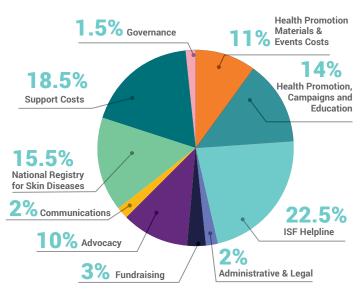
### **Salary Costs**

During 2018 staff costs and salaries was €271,254 or 51% of overall expenditure.

### **Income 2018**



### **Expenditure 2018**



# Our Board of Trustees



Incoming Chairman: Marina O'Kane

Dr. Marina O'Kane is a consultant dermatologist at Beaumont Hospital and Connolly Hospital, Dublin. Her areas of interest are severe psoriasis and dermatological surgery. She held positions as president and secretary of the Royal Academy of Medicine in Ireland Dermatology Section and is a member of the HSE Dermatology Clinical Care Programme Advisory Group and HSE National Psoriasis Care Pathway Group.





**Rupert Barry** 

Consultant dermatologist and Moh's Micrographic Surgeon, Dr Rupert Barry is based in St. James' Hospital, Dublin.



### **Michael Foley**

Michael Foley MPSI is a community pharmacist. He qualified in 1977 and owns Foley's Pharmacy in Dublin's Parnell Street, a family owned and independent business. Since its establishment in 1909 Foley's Pharmacy has been renowned throughout the city for its work in caring for people with skin problems.



#### **Caroline Irwin**

Caroline Irwin, who suffers from psoriasis, founded the Psoriasis Association of Ireland when she returned to Ireland from living abroad and detected a need for support and information for patients with psoriasis.



### **Brian Kirby**

Consultant dermatologist at St. Vincent's Hospital, Dublin.



#### **Kenneth McKenzie**

Dr Kenneth McKenzie is an advertising strategist. He obtained his BA (Psychology) from Trinity College Dublin and his PhD from the School of Law & Government, Dublin City University. Kenneth has worked as a social psychologist across a range of research projects in UCD and TCD. He has worked with organisations across the profit, not-for-profit and state sectors in areas of behaviour change, brand strategy, consumer behaviour, and programme development & evaluation. Kenneth is an Adjunct Teaching Fellow in the School of Psychology, TCD and is Visiting Professor in Burgundy School of Business.



#### **Matthew O'Brien**

Matthew O'Brien is a retired civil engineer whose working life was largely spent in both the UK and Ireland on the design and supervision of capital schemes in the public health area, and on the management of associated services. He joined the City of Dublin Skin and Cancer Hospital Board in 1999 and was Chairman during the closure and sale of the hospital.



### Padraig O'Cearbhaill

Padraig O'Cearbhaill is Deputy Chairman of the City of Dublin Skin and Cancer Hospital Charity and a Member of the Institute Of Chartered Accountants in Ireland. In practice as auditor and accountant for the past 34 years he previously worked in haulage and building industries. He is Chairman of Credit Union Advisory Committee – a statutory body that advises the Minister of Finance on all matters relating to Credit Unions. He is treasurer of the Blackrock Credit Union.



### **Sheila Ryan**

Sheila works in the University Hospital Limerick as an advanced nurse practitioner in Dermatology. She has 25 years experience in dermatology practice in both the UK and Ireland. She has acted as dermatology nurse advisor to the National Clinical and National Skin Cancer Control Programmes. She has held senior executive roles in the Irish Dermatology Nurse's Association and the British Dermatology Nursing Group (BDNG). Currently she is Treasurer of the Irish Dermatology Nurses Association and Secretary of the International Skin Care Nursing Group. She is winner of the 2017 BDNG's Stone Award for her contribution to Dermatology Nursing. She has published articles on Psoriasis, Acne, Emollients, Cryotherapy and Toxic Epidermal Necrolysis.







### **Conor Sparks, Company Secretary**

Conor Sparks is the Board's legal representative and Managing Partner of Gerrard L McGowan Solicitors in North Dublin. He is experienced in all areas of litigation, also practising in the area of Wills and Estate Planning, taxation and dispute resolution. He is a member of the Dublin Solicitors Bar Association, a Commissioner for Oaths and a Notary Public.

#### **Anne-Marie Tobin**

Dr Anne-Marie Tobin is a consultant dermatologist at Tallaght Hospital, Dublin and a Clinical Senior Lecturer in Trinity College Dublin (TCD). Dr Tobin is dual qualified in Pharmacy and Medicine from TCD and holds a PhD in Translational Medicine from University College Dublin.

Her clinical interests are inflammatory skin disease: psoriasis, hidradenitis suppurativa, eczema and skin cancer. Her research interests are in innate immunology in inflammatory skin disease and clinical trials.

#### **Rosemarie Watson**

Dr Rosemarie Watson MD, FRCPI, is a graduate of University College Dublin. She trained in dermatology at the Johns Hopkins Medical Institution Baltimore USA where she was subsequently promoted to Associate Professor of Dermatology. She was appointed consultant in dermatology in Ireland in 1992 to Our Lady's Children's Hospital Crumlin (OLCHC) and St James's Hospital Dublin. She is a past President of the Irish Association of Dermatology and is Director of the National Epidermolysis Bullosa Service for children at OLCHC. Her other special interest areas are connective tissue disease, and vascular tumours and malformations.



### **Catherine Wilkinson**

Dr Catherine Wilkinson graduated from NUI Galway in 2005. During her 2 year BST in General Internal Medicine, she worked as a Dermatology SHO for 6 months at UCHG. Following completion of her MRCPI examinations, she commenced the Ballinalsoe Specialist Training Scheme in General Practice. During this time period, she completed a Diploma in Dermatology and subsequently a Certificate in Dermoscopy through Cardiff University. Since 2013, Dr Wilkinson has worked as a part-time Clinical Assistant in Dermatology with Dr Maureen Connolly and Dr Anne-Marie Tobin at Tallaght Hospital. Since 2015, she has been based as a GP between Tallaght Cross and Jobstown. C



### Jennifer Wilson O'Raghallaigh

Dr. Jennifer Wilson O'Raghallaigh is the Principal Clinical Psychologist at Beaumont Hospital.



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October 2019

